



Oregon

October 21, 2017

9 a.m.- 4:45 p.m.

Portland Community College - Cascade

Conference Schedule

| | | |
|------------------|--|---|
| 9:00-10:00 a.m. | Check-in & Registration Resource Fair <ul style="list-style-type: none">Refreshments and snacks provided | Terrell Hall Terrell 112 |
| 10:00-10:10 a.m. | Welcome & Networking | Terrell 122 |
| 10:10-10:50 a.m. | Opening Session <ul style="list-style-type: none">Pay it Forward – Sharing the “So What” of Study Abroad on Your Campus | Terrell 122 |
| 11:00-11:50 a.m. | Concurrent Sessions I <ul style="list-style-type: none">International Career PanelTurn Your Global Opportunity into a Job Opportunity: Resume Workshop | Terrell 201 Terrell 206 |
| 12:00-1:20 p.m. | Lunch (provided) & Activity | Terrell 101 |
| 1:30-2:20 p.m. | Concurrent Sessions II <ul style="list-style-type: none">Retaining and Improving Language Skills Post-Study AbroadFulbright & Prestigious ScholarshipsCreate Your Global Pitch: Effective Interviewing Techniques | Terrell 124 Terrell 208 Terrell 206 |
| 2:30-3:20 p.m. | Concurrent Sessions III <ul style="list-style-type: none">International Career PanelBranding - Not just for Coca Cola anymore | Terrell 201 Terrell 124 |
| 3:30-4:15 p.m. | Resource Fair | Terrell 112 |
| 4:15-4:45 p.m. | Closing Remarks & Drawing | Terrell 122 |

LFA Conference Objectives

- Meet other recent study abroad returnees from your regional area
- Explore various perspectives on the meaning of your study abroad experience
- Learn how to convey your newly-acquired international skills in a job interview
- Discover how you can teach, work, volunteer or study abroad after graduation
- Network with professionals in internationally-focused jobs
- Stay connected to and share stories about your study abroad experience

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Welcome!

Dear Education Abroad Alum,

Welcome education abroad returnees! Thank you for coming to Lessons From Abroad – Oregon (formerly Northwest Returnee Conference on Education Abroad). There are students from various schools in Oregon and Washington who have participated in study abroad or internship programs across the world. We hope that you will take this day as an opportunity to meet returnees from other universities and share your education abroad experiences. We are looking forward to providing you with information and materials that we hope will enable you to continue to explore your international career. This packet includes the schedule for the day, and biographies of presenters. Additional materials provided in individual sessions will be made available on the conference website following the conference. This conference is made possible through the collaborative efforts of international education professionals. These colleagues know firsthand the power of a study abroad experience and with this conference, seek to provide students with resources to carry that transformative experience far into the future. We look forward to spending the day with you and inspiring the life-long learning and application of your “Lessons from Abroad!”

Sincerely,

2017 Lesson From Abroad - Oregon Conference Planning Committee

Acknowledgements

We would like to thank all of our LFA Oregon Planning Committee Members and Volunteers for their dedication and for the many hours they contributed to make this returnee conference a reality!

Conference Co-Chairs

Lillian Read, IFSA-Butler
Katrina Machorro

Additional Conference Volunteers

Caitlin Cook, PCC Intern & MIIS candidate,
On-Site Committee

Committee Members

Anne Frey, Portland Community College,
On-Site Chair & Host
Matt Hiller, Linfield College, *Marketing & Student Outreach Chair*
Elizabeth Mills, Oregon State University,
University Liaison

And thank you to the many international education professionals and professional colleagues who are lending their support here today!

Special thanks to our **Sponsors:**

Portland Community College - Cascade for hosting the conference

IFSA Butler and Linfield College for sponsoring drawing items

The LFA-Oregon Planning Committee would like to thank the following organizations for their sponsorship. Without their generous donations, we would not have been able to host this event.



Linfield College **Northeastern University**
Seattle



The **EDUCATION ABROAD** Network



Special thanks to our **Resource Fair Exhibitors:**

American University of Beirut

<http://www.aub.edu.lb/>

Founded in 1866, the American University of Beirut in Lebanon bases its educational philosophy, standards, and practices on the American liberal arts model of higher education. A teaching-centered research university, AUB has around 800 instructional faculty and a student body of around 8,000 students. The University encourages freedom of thought and expression and seeks to graduate men and women committed to creative and critical thinking, life-long learning, personal integrity, civic responsibility, and leadership. AUB currently offers more than 130 programs leading to the bachelor's, master's, MD, and PhD degrees. The language of instruction is English (except for courses in the Arabic Department and other language courses).

Academic Programs International

<https://www.apistudyabroad.com/>

Academic Programs International (API) offers high-quality, affordable international programs in diverse locations. Types of programs include customized internships and volunteers, teaching placements and work opportunities. API seeks to provide opportunities for personal and professional transformation, while cultivating respect for cultural and linguistic diversity.

Across the Pond

<https://www.studyacrossthepond.com/>

Across the Pond offers free advice and guidance to students wanting to pursue their graduate studies in the UK. Our experts provide individual help and support to help students choose the right program at the right university for their academic and personal needs. Across the Pond can help students apply to some of the best universities in England, Scotland, and Wales. Graduate programs in the UK only take one year to complete, saving students time and money.

CEA Study Abroad

<https://www.ceastudyabroad.com/>

CEA Study Abroad is celebrating its 20th anniversary as an organization. CEA provides high-quality international academic programs and services, as well as international internships. With destinations in 21 cities across 12 countries, CEA offers a balance of academics and adventure to thousands of students each year. Study abroad has helped students prepare for a global workplace, and grow as students.

CIS Abroad

<https://www.cisabroad.com/>

CISabroad is committed to providing the best overall value in study and internship abroad opportunities. CISabroad programs are affordable and specialize in providing quality education and support throughout your study or internship abroad experience. Experiences are innovative and focused on cultural immersion.

CIEE

<https://www.ciee.org/>

As a non-profit, non-governmental organization, CIEE has created opportunities that help bring people together for over 70 years. We foster the development of understanding and mutual respect between communities and nations by promoting the exchange of ideas and experiences. We help give students, teachers, and young professionals from across the world skills that make them active and responsible global citizens.

City University of Seattle - Graduate TESOL Programs

<https://www.cityu.edu/>

Washington Academy of Languages at City University of Seattle offers an internationally-recognized graduate level TESOL (Teaching English to Speakers of Other Languages) certificate program for teaching English here

and abroad. Candidates may choose between two levels of certification: the Graduate Certificate in Teaching English to Speakers of Other Languages or the Graduate Certificate in Teaching English to Speakers of Other Languages-Advanced. A Bachelor's degree and English proficiency are prerequisites for admission to the program. We also offer a Master of Education in Adult Learning with a TESOL Emphasis.

Concordia University

<http://www.cu-portland.edu/>

Concordia University-Portland is a private, Christian, liberal arts university that offers undergraduate and graduate programs designed to prepare our students to become leaders who will transform society. The campus is located in a beautiful NE Portland neighborhood near the Alberta Arts District. Some of our programs are also offered online. Undergraduate programs include Nursing, Psychology, Education, Biology, Exercise and Sports Science, and Global Studies. Graduate programs include an MA in Teaching English to Speakers of Other Languages (TESOL), an MA in Community Psychology, an MA in Teaching, MBA, a Master and Doctorate of Education, and our Law School (located in Boise, ID).

International TEFL Academy

<https://www.internationalteflacademy.com/>

Want to get paid to live abroad? A world leader in TEFL certification for teaching English abroad, International TEFL Academy offers accredited TEFL courses online & in 25 locations worldwide. We certify more than 5,000 people a year to teach English abroad and our graduates are teaching in 80 countries worldwide. All graduates receive lifetime job placement assistance in addition to our exclusive network of 15,000 graduates across the globe.

Middlebury Institute of International Studies at Monterey

<http://www.miis.edu/>

The Middlebury Institute of International Studies at Monterey provides international professional education in areas of critical importance to a rapidly changing world, including international security, human rights and social change, language and culture, sustainable development, and global management.

Northeastern University - Seattle

<http://www.northeastern.edu/seattle/>

Founded in 1898 in Boston, Northeastern is a top-tier, nonprofit research university, grounded in experiential learning. We integrate academic coursework with professional work, research, service, and global learning opportunities in 128 countries. Northeastern University—Seattle is dedicated to delivering an education that's industry-responsive, employer-aligned, and student-centered. Our master's degree and graduate certificate programs are offered in online and hybrid learning formats, making them flexible to your needs.

Peace Corps

<https://www.peacecorps.gov/>

The Peace Corps is a service opportunity for motivated changemakers to immerse themselves in a community abroad, working side by side with local leaders to tackle the most pressing challenges of our generation.

Rayka App

<http://rayka-app.com/>

Rayka refers to the Icelandic word for "wander," similar to their capital city of Reykjavik. We are hoping to tap into this theme of wanderlust by allowing students to "explore socially" and see the favorite places of past students and of their friends. If you are starting a new semester or summer abroad, simply open the Rayka app and see what places past students recommend. With Rayka, finding great places to go during your time abroad has never been easier.

The Colombian Project

<http://colombianproject.com/>

We at The Colombian Project believe that the experience and skills attained through an international internship not only provide an advantage in today's job market, we also believe it makes for a richer, fuller life. We believe that with the right fit, interns and their placements can truly experience a great reciprocity; benefiting both the student and their placement. Coordinating/managing interns can be a wonderful thing but takes a lot of time, effort and investment, therefore we seek to match students in placements that they can utilize their background, skill sets and education in field they wish to pursue. We are sure to have a long standing rapport and firm understanding of our partner placement projects their needs and make sure that a potential student will make a good fit with them. We let both parties interact prior to actual placement to make sure the fit is right. Colombia is essentially a blank canvas with emerging fields from media arts to environmental sciences. Academia and professionals alike are very keen to welcome new thought and practices which lend to a very vibrant and exciting country. We very much enjoy contributing to this exciting new chapter in Colombia's history by providing international interns and students.

Session Descriptions

Opening Session - 10:00-10:50 a.m.

Pay it Forward – Sharing the ‘So What’ of Study Abroad on Your Campus” by Judith Sachs, CIEE

- Many study abroad participants have limited opportunities to share their personal learnings with others when they return home. This session will explore ideas on ways to frame your study abroad conversations - think mini-Ted Talk! By effectively communicating your personal experience, you will become a great (and much needed) ambassador for study abroad as well as fine tune your message for grad school or job interviews.

Concurrent Sessions I - 11:00-11:50 a.m.

Turn Your Global Opportunity into a Job Opportunity: Resume Workshop

Moderator & Session Host: Adriane Bolliger

Type: panel & workshop

- What does a global career mean to you? Today, careers have become less about advancement and more about knowledge acquisition and strategic planning. Individuals looking for global experience should think reflectively and venture out on their own career path to achieve international goals. Regardless of the job you are seeking, the skills you gained during your international experience are valued by employers.

The first 20 minute portion will cover basic resume content and formatting, and the second 20 minute portion would function as a "workshop". Students are invited to bring their resumes (hard copy or digital) and work on revising/updating them with feedback from the panel members

| Résumé reviewers | Organization/Institution |
|------------------|--------------------------------------|
| Adriane Bolliger | Portland State University |
| Kylie Gallagher | CISabroad |
| Anna Harrington | University of Portland MAT candidate |

| | |
|--------------|-------------|
| Lillian Reed | IFSA-Butler |
|--------------|-------------|

International Career Panel

Moderator & Session Host: Caitlin Cook

Type: Panel

- Ready for the “real world”? After graduation many study abroad returnees wish to take their professional career abroad or work in an internationally minded career here in the U.S. This panel will include individuals who have worked abroad or have internationally related positions in a variety of sectors in the U.S. Hear their experiences on how they got to their career and come ready to ask them your questions!

| Panelists | Organization/Institution |
|----------------|---|
| Justin Finn | ORISE Fellowship through Department of Energy |
| Jennifer Hare | |
| Matt Hiller | Linfield College |
| Simon Winograd | The Columbian Project |

Concurrent Sessions II – 1:30-2:20 p.m.

Retaining and Improving Language Skills Post-Study Abroad

By Danielle Batson, Oregon State University

Type: lecture

- If you recently returned from a study abroad program, you may still be feeling the thrill that comes with having faced your fears of using your non-native language in an immersive setting! You have navigated public transportation, made new friends, tried favorite recipes with your host family, and celebrated holidays with new-to-you traditions. Through these memorable experiences you’ve grown your language skills and your confidence as well. Congratulations! Now what?

Many students return from study abroad, take their last few credits for their language requirements, and gradually find that since they are no longer in an immersive environment, their language skills are beginning to atrophy. They worked so hard to overcome being tongue-tied at the beginning of their study abroad, only to find their new-found confidence shrinking away. How can you maintain your language skills and develop them further? What measures are used to assess language proficiency for professional settings, so that you can work towards them? We’ll discuss personal and professional strategies for language learning, plus standardized language measures and certification testing to guide your language learning journey!

Fulbright & other Prestigious Scholarships

By Thomas Mertes, Linfield College & LeAnn Adam, Oregon State University

Type: Lecture

- Many returnees from study abroad programs, global internships, or service-learning experiences are inspired to spend more time learning and living in an international setting but may wonder how they would finance such an undertaking. You might consider one of the Fulbright US Student Program's many awards that pay for up to an academic year (or more) of international immersion. In this session, we will overview the many Fulbright programs – including awards for research, study, creative artistic practice, English-teaching, full graduate degrees and the Fulbright-NatGeo awards for digital storytelling projects. All Fulbright award types are open to graduating seniors, so this session is useful for both undergraduate and graduate students. We will also introduce attendees to the prospect of graduate study abroad through programs such as Rhodes, Marshall and Schwarzman.

International Career Panel

Moderator & Session Host: Caitlin Cook

Type: Panel

- Ready for the “real world”? After graduation many study abroad returnees wish to take their professional career abroad or work in an internationally minded career here in the U.S. This panel will include individuals who have worked abroad or have internationally related positions in a variety of sectors in the U.S. Hear their experiences on how they got to their career and come ready to ask them your questions!

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|------------------|---|
| Justin Finn | ORISE Fellowship, US Department of Energy |
| Matt Hiller | Linfield College |
| Monica Larson | Avanti Destinations |
| Lillian Read | IFSA-Butler |
| Simon Winograd | The Columbian Project |

Concurrent Sessions III - 2:30-3:20 p.m.

Branding: Not Just for Coca-Cola Anymore

By Colton E.S. Oliphant

Type: lecture

- You’ve heard it before, “Studying abroad will help you stand out when applying for a job or grad school.” This session helps you to figure out how. We will discuss the importance of creating a compelling personal “brand,” how to utilize common tools (such as a resume) to share that brand, ways to engage the professional world with technology, and how to

recognize opportunities when they present themselves. Examples will be provided and attendees will be encouraged to share their own branding. (For maximum benefit, please bring along a copy of your own resume.)

Create Your Global Pitch: Effective Interviewing Techniques

Moderator & Session Host: June Dressler, Pacific University

Type: roundtable & workshop

- Regardless of the position you are seeking, be assured the skills you gained during your international experience are valued by employers. But how you communicate your skills is just as important as the experience itself. Given key hiring decisions are based on who knows what you know, it is critical for you be well prepared to discuss relevant experience during your interview.

In this session we will consider three aspects of effective interviewing: 1) Staying close to your experience 2) Researching potential employer needs, concerns, clients, services 3) Delivering concise, convincing responses to interview questions. The first 20 minute portion will address these three aspects of interview preparation. During the second 20 minute portion we'll practice proven techniques to effective interviewing by pairing up to respond to a sample set of interview questions.

| Interviewers | Organization/Institution |
|---------------------|---------------------------------|
| Adriane Bolliger | Portland State University |
| Danielle Batson | Oregon State University |
| June Dressler | Pacific University |
| Anne Frey | Portland Community College |
| Jennifer Hare | |

Resource Fair - 3:30 - 4:15 p.m.

Closing Remarks & Drawing - 4:15-4:45 p.m.

Biographies

(presenters, panelists & session volunteers, planning committee)

Adam, LeAnn: LeAnn Adam is the first full-time Prestigious Scholarships advisor at Oregon State University as of 2015. She is passionate about supporting the aspirations of all candidates: undergraduate, graduate, and alumni, and providing highly personalized advising on nationally competitive scholarships. When you meet with LeAnn, you will notice she asks a lot of questions: she likes advising appointments to be lively and interactive and she always hopes you'll leave with things to think about that you'd never even considered. LeAnn is a graduate of the College Student Services Administration master's program at OSU where she specialized in student development and success through engagement in nationally competitive scholarship applications.

Before inaugurating the Prestigious Scholarships office at OSU, LeAnn was an education abroad and Fulbright Program advisor with OSU's Office of Global Opportunities. She has had a long career in International Education including positions in both the US and abroad. She was previously Coordinator of the Overseas Resource Center at Stanford University, Group Leader for educational travel programs in Cuba and Italy, and she earned her undergraduate degree and worked in International Programs at San Francisco State University. LeAnn intends to never stop learning or traveling. In her free time, she enjoys reading, drawing, writing, spontaneous day trips, and camping with her daughter and Boston Terrier.

Batson, Danielle: Danielle grew up in Oregon. She holds a Bachelor of Arts in Latin American Studies from the University of Washington, and a Master of Arts in Teaching from Pacific University. She caught the travel bug from her grandparents, who flew all over the world in their homebuilt airplanes. Because of their special interest in biological conservation and ecotourism, the first trip they took her on was to the Galapagos Islands, which made an enduring impression and fueled her enthusiasm for international education. Danielle studied abroad in Costa Rica and has travelled throughout Latin America, as well as Southeast Asia, Japan, France, Italy, the British Isles, and the Arctic Circle. Her professional experience has focused on the intersection of language learning and international education; previous positions include teaching in language immersion programs serving migrant and immigrant populations, and, most recently, advising for World Languages and Cultures at OSU. Currently, she works for IE3 Global as the Program Coordinator for International Internships in Latin America and the Caribbean.

Bolliger, Adriane: Adriane graduated from the University of Oregon in 2010 with a degree in International Studies. While attending the UO, she studied abroad in Dakar, Senegal, and after graduating she interned in Tunis, Tunisia and Rabat, Morocco. After returning home to Oregon, her passion for higher education and student services led her back to the UO, where she worked for several years in student advising and undergraduate programming.

Adriane is currently in her first year of a Masters of Public Administration at Portland State University with a concentration in Global Leadership and Management. She also works as a graduate assistant for the Executive MPA program through the Center for Public Service at PSU. In this role she supports recruitment, admissions, and student success at the executive level. In

December 2017, Adriane will head to Cuba for a two-week faculty-led program to study the country's nationalized education system. Her research from this experience will be presented in Portland in Spring 2018.

When not in the classroom or the library, Adriane loves cycling, cooking, and exploring the outdoors of the Pacific Northwest.

Dressler, June: June currently works at Pacific University as Associate Director in the Career Development Center helping emerging adults enter, excel at, and exit the workplace with dignity. She teaches career development courses to undergraduate and graduate students, is qualified/certified to administer a variety of career assessment instruments, and advises students on the process of making informed major/career decisions. She earned a Master of Arts degree in Counseling from George Fox University and a Ph.D. in Counseling from Oregon State University. She earned a certificate in Interpersonal Conflict Management from Syracuse University, is certified as a Career Development Facilitator, and working on hours for Master Practitioner of the Myers Briggs Type Indicator. Her current research focus is addressing career decision difficulties of college students and fostering career resilience during the transition from college to career.

Finn, Justin: Justin is a mechanical engineer with degrees from the University of Massachusetts (BS, 2007) and Oregon State University (M.Sc, 2009, PhD, 2013). As a fresh graduate in 2013, he relocated to the UK to take a research position at the University of Liverpool. Here, he worked on projects with collaborators across Europe, aiming to better understand how breaking waves change beaches over time. After 3 years of traveling the UK and around Europe, he and his wife moved back to Corvallis, Oregon. He is now a contractor for the US Department of Energy, and works on finding new ways to capture greenhouse gasses from power plants. In his free time, Justin enjoys getting lost in the Oregon coast range on his mountain bike, cooking, and traveling.

Frey, Anne: Anne has been in the field of International Education for over 25 years. Her career has included work in both International Student Services and Education Abroad. In these roles she has worked with faculty, students and administrators on issues ranging from emergency protocols to compliance issues to grappling with how to better prepare students for the experiences they will have in the U.S. or overseas. Her most recent work is with the Institute For Study Abroad (IFSA) where she holds the role of Field Director working with universities and colleges on the West Coast and Rocky Mountain states. This work allows her to interface with very different types of universities, colleges and community colleges thus providing insight on student services and administrative operations and the students attending these institutions. Whether it has been working with incoming international students or out-going study abroad students Anne has always been particularly interested in the transitional periods in students' lives where they are exploring with how to integrate or re-integrate into a culture.

Gallagher, Kylie: Kylie graduated from Westminster College in 2007 with a dual degree in International Politics and Intercultural Studies. She spent her first half of her junior year in Spain doing an intensive Spanish language program in Segovia, Spain. She also participated in two short term summer programs in Ireland and Australia. Kylie holds a Masters of Arts in International Education from the SIT Graduate Institute. She is currently the West Regional Director for CISabroad, where she works with universities in the western region of United States promoting CISabroad's study abroad options to students. When she is not traveling to university campuses, Kylie enjoys going to the beach and eating good food in sunny San Diego.

Harrington, Anna: Anna graduated from the University of Oregon in 2013 with a degree in International Studies and minored in Business Administration and German. Her German ancestry inspired a passion for learning the German language and experiencing the culture of her great-grandparents. She spent the last half of her junior year in Heidelberg, Germany. After graduation, she taught English in Völkermarkt, Austria, a rural Alpine community on the border of Italy and Slovenia through the Austria-American Education Commission (Fulbright Commission). She is a recent graduate from the University of Portland's Masters of Arts in Teaching Program and currently works for Linfield College, School of Nursing as the Assistant Director of Nursing Recruitment and Community Outreach. A Portland native, Anna enjoys exploring local coffee shops and working on her family's special event food cart.

Hiller, Matt: Matt has a Master's in Higher Education and a Bachelor's in Business Management. He grew up in a tiny town of 8,000 people in northern Minnesota and had never left the area until a tiny spider crawled up his butt during his junior year of college and told him to go somewhere. He spent the summer between his junior and senior year studying abroad in Japan, a place where he had no idea what was going on and had no language skills whatsoever. He loved his experience so much that he went back after he graduated and spent 2 years teaching English in the JET program in rural Japan. (his Japanese skills somewhat enhanced.) After returning to the states, he spent 7 years at the University of North Dakota working in international student services and study abroad. He has been at Linfield College for the past year and half where he has continued working with international students and students who want to study abroad. Outside of work, Matt enjoys hiking around Oregon, golfing, traveling, and eating all...most food that the world has to offer.

Larson, Monica: Travel Consultant at Avanti Destinations. Monica graduated from OSU in 2013 with two degrees - Zoology and French. She spent the summer of her sophomore year in Paris and Angers, France. In both cities, she studied language, culture, and film. After returning, she wanted to be involved with the study abroad center as she was so thankful for her experience and wanted to spread the word on how important it is. So she began working at the Study Abroad Center as an International Ambassador. Her final year she went abroad to Lyon, France to do an immersive language program for one semester at Centre International d'Études Françaises and one semester at Lyon 2 again studying culture and also doing a bit of translation. She is currently a Travel Consultant at Avanti Destinations and plans and books travel in Europe on a daily basis. When she is not working, she is an avid hiker, ocean enthusiast, and film critic.

Machorro, Katrina: Katrina graduated from Oregon State University in 2009 with a degree in New Media Communications and International Studies. She spent her first half of her junior year in Spain doing an intensive Spanish language program at the Universidad de Cantabria, then for the second semester concentrating on media studies at the Universidad de Sevilla as an international student through Academic Programs International. After falling in love with Spain, upon graduation Katrina taught English at public primary and secondary schools in La Rioja, Spain. Currently, she works in assessment at the university level and is pursuing employment opportunities that aids in empowering others. Katrina enjoys exploring the outdoors, consuming all things with sugar, and hanging out with her furbies, Mr. Sprinkles (Persian cat) and Olive (French bulldog/Boston terrier).

- Mertes, Thomas:** Tom Mertes is a Visiting Professor at Linfield College and the Competitive Scholarship Advisor. He is the editor of, and a contributor to, *A Movement of Movements: Is Another World Really Possible?* (Verso 2004) which grew out of his work as an editor at the *New Left Review*. He enjoys reading books, traveling, cooking, and bicycling.
- Oliphant, Colton:** Colton is the Vice President for Strategic Partnerships for the study abroad application company, Rayka, and he is also the University of Idaho Faculty-led Program Coordinator / Education Abroad Advisor. (What a mouthful!) He has made his home on the Palouse and worked at UI for the past 7 years. As a Pacific Lutheran University undergraduate he studied on a faculty-led program examining the life and influence of Martin Luther, and as a compulsive adult learner he has taken courses at UI ranging from Discrete Mathematics to Africa Today to Organization Development. Colton has visited 17 other countries in Europe, Asia, Africa, North America, and South America; and is hoping to head to the other two continents sooner rather than later. For fun, he is married, has two cats and a dog, enjoys Shark Tank, coffee, and the Economist.
- Read, Lillian:** Lillian Read is the Western US Field Director for the Institute for Study Abroad (IFSA). Prior to joining IFSA, she worked at the University of Liverpool in the UK and at Oregon State University and the University of Oregon. Lillian holds an M.S. in College Student Services Administration from Oregon State University and a B.A. in Anthropology from Linfield College. During undergrad she studied abroad in Ireland twice and after graduation participated in an archaeological dig in Italy and taught English in China. When not working, Lillian enjoys spending time outdoors and exploring the Pacific Northwest. Additionally, she is a foodie and loves trying out new recipes for everything from spanakopita to kimchee.
- Sachs, Judith:** Judith has been with CIEE's Institutional Relations team for since 2013 and is based in Portland, Oregon. Her higher education experience includes a previous role as Assistant Dean of Students at Alma College and Admissions/ Student Services Coordinator at the University of Michigan - Ross School of Business. Before coming to CIEE, Judith was an English instructor and Assistant Director of Study Abroad at Soonchunhyang University in South Korea. Her professional experience includes 10 years as an Account Manager for AT&T and a LPGA Golf Teaching Professional. Judith received her B.A. in Sociology from Alma College and a M.A. in Teaching English to Speakers of Other Languages (TESOL) from Eastern Michigan University. For fun, she enjoys 'no-keeping score' golf, anything outdoors and road trips to the Oregon coast.
- Winograd, Simon:** Born in Bogotá, Colombia, Simon holds a B.A. in Sociology from the University of Montana. He's been working in the International Education/Meaningful Travel field for over 10 years. After graduating from the University of Montana with a degree in Rural and Environmental Sociology, he found himself volunteering internationally in Trujillo, Peru. He credits this experience as the springboard into the world of International Education and Meaningful Travel. After his volunteer experience, Simon stayed for over a year in Peru and worked as an ESL teacher at a large institution with the mission of promoting cultural ties between Peru and North America. Simon then returned to the United States but quickly found himself back in Peru co-leading service adventure trips for high school and university-aged students. Upon his return to the U.S. he landed in Denver, Colorado, teaching at an International non-profit university as an ESL teacher. Simon's most recent position was In-Country Director/Volunteer Coordinator for a U.K. based responsible travel company. The organization, Kaya Responsible Travel, provided internships and volunteer experiences for

international travelers in Cusco and the surrounding Sacred Valley of Peru. Simon worked closely with the programs manager in the U.K. to place volunteers with local organizations in the areas of social work, community development, micro-finance and environmental conservation. <http://www.simonwinograd.com/>

Unpacking Your Experience

Top Ten Immediate Re-Entry Challenges

As Rated by University Students Dr. Bruce La Brack

There are lots of reasons to look forward to going home, but there are also a number of psychological, social and cultural aspects which can prove difficult – often because they are unanticipated. The following list was generated by interviewing students like you who have been through the experience and survived nicely. However, they say you should take the process seriously by being realistic and thinking about it and your possible reactions. They offer the following thoughts on reentry for your consideration in the hope they will make your return both more enjoyable and more productive.

1. **BOREDOM**

After all the newness and stimulation of your time abroad, a return to family, friends, and old routines (however nice and comforting) can seem very dull. It is natural to miss the excitement and challenges which characterize study in a foreign country, but it is up to you to find ways to overcome such negative reactions – remember a bored person is also boring.

2. **“NO ONE WANTS TO HEAR”**

One thing you can count on upon your return: no one will be as interested in hearing about your adventures and triumphs as you will be in sharing those experiences. This is not a rejection of you or your achievements, but simply the fact that once they have heard the highlights, any further interest on your audiences' part is probably unlikely. Be realistic in your expectations of how fascinating your journey is going to be for everyone else. Be brief.

3. **YOU CAN'T EXPLAIN**

Even when given a chance to explain all the sights you saw and feelings you had while studying abroad, it is likely to be at least a bit frustrating to relay them coherently. It is very difficult to convey this kind of experience to people who do not have similar frames of reference or travel backgrounds, no matter how sympathetic they are as listeners. You can tell people about your trip, but you may fail to make them understand exactly how or why you felt a particular way. It's okay.

4. **REVERSE “HOMESICKNESS”**

Just as you probably missed home for a time after arriving overseas, it is just as natural to experience some reverse homesickness for the people, places, and things that you grew accustomed to as a student overseas. To an extent it can be reduced by writing letters, telephoning, and generally keeping in contact, but feelings of loss are an integral part of international sojourns and must be anticipated and accepted as a natural result of study abroad.

5. RELATIONSHIPS HAVE CHANGED

It is inevitable that when you return you will notice that some relationships with friends and family will have changed. Just as you have altered some of your ideas and attitudes while abroad, the people at home are likely to have experienced some changes. These changes may be positive or negative, but expecting that no change will have occurred is unrealistic. The best preparation is flexibility, openness, minimal preconceptions, and tempered optimism.

6. PEOPLE SEE “WRONG” CHANGES

Sometimes people may concentrate on small alterations in your behavior or ideas and seem threatened or upset by them. Others may ascribe “bad” traits to the influence of your time abroad. These incidents may be motivated by jealousy, fear, or feelings of superiority or inferiority. To avoid or minimize them it is necessary to monitor yourself and be aware of the reactions of those around you, especially in the first few weeks following your return. This phase normally passes quickly if you do nothing to confirm their stereotypes.

7. PEOPLE MISUNDERSTAND

A few people will misinterpret your words or actions in such a way that communication is difficult. For example, what you may have come to think of as humor (particularly sarcasm, banter, etc.) and ways to show affection or establish conversation may not be seen as wit, but aggression or “showing off.”

Conversely, a silence that was seen as simply polite overseas might be interpreted at home, incorrectly, as signaling agreement or opposition. New clothing styles or mannerisms may be viewed as provocative, inappropriate, or as an affectation. Continually using references to foreign places or sprinkling foreign language expressions or words into an English conversation is often considered boasting. Be aware of how you may look to others and how your behavior is likely to be interpreted.

8. FEELINGS OF ALIENATION

Sometimes the reality of being back “home” is not as natural or enjoyable as the place you had constructed as your mental image. When real daily life is less enjoyable or more demanding than you remembered, it is natural to feel some alienation. Many returnees develop “critical eyes”, a tendency to see faults in the society you never noticed before. Some even become quite critical of everyone and everything for a time. This is no different than when you first left home. Mental comparisons are fine, but keep them to yourself until you regain both your cultural balance and a balanced perspective.

9. INABILITY TO APPLY NEW KNOWLEDGE AND SKILLS

Many returnees are frustrated by the lack of opportunity to apply newly gained social, technical, linguistic, and practical coping skills that appear to be unnecessary or irrelevant at home. To avoid ongoing annoyance: adjust to reality as necessary, change what is possible, be creative, be patient, and above all use the cross-cultural adjustment skills you acquired abroad to assist your own reentry.

10. LOSS/COMPARTMENTALIZATION OF EXPERIENCE (SHOEBOXING)

Being home, coupled with the pressures of job, family, and friends, often combine to make returnees worried that somehow they will “lose” the experience. Many fear that it will somehow become compartmentalized like souvenirs or photo albums kept in a box and only occasionally taken out and looked at. You do not have to let that happen: maintain your contacts abroad; seek out and talk to people who have had experiences similar to yours; practice your cross-cultural skills; continue language learning. Remember and honor both your hard work and the fun you had while abroad

Soundbyting Exercise: Reflecting on Your Study Abroad Experience

Note your top memory in each area.

Biggest Cultural Mistake:

Funniest moment:

Scariest experience:

Most thrilling memory:

Most moving experience:

An important relationship:

A trip I took:

Other:

Choose ONE Memory and Give the Highlights

Focusing on one memory, write down the top 3-4 highlights or points you want to make.

1.

2.

3.

4.

Summarize and Generalize

Summarize and generalize about the experience. Explain what you took away from the experience and what you learned about yourself, human nature, and/or interacting across cultures.

Adapted from Lessons from Abroad – Study Abroad Returnee Conference - Kate Berardo, 2008

Reflection Questions

◆ What values, beliefs, and behaviors have I learned from my host country that I want to try to maintain while back in the U.S.?

◆ In what ways might these values, beliefs, and behaviors conflict with U.S. culture?

◆ How can I find support for these new values?

Possible Outcomes of an International Experience

This sheet provides a handy reference of skills you may develop as a direct result of your experiences abroad. Use this to spark ideas for creating a resume, preparing for an interview, and reflecting upon your experiences.

Skills

- Ⓞ Understand cultural differences and similarities
- Ⓞ Adapt to new environments
- Ⓞ Learn through listening and observing
- Ⓞ Establish rapport quickly
- Ⓞ Function with a high level of ambiguity
- Ⓞ Take initiative and risks
- Ⓞ Utilize time management skills
- Ⓞ Identify problems and utilize available resources to solve the problems
- Ⓞ Accept responsibility
- Ⓞ Communicate despite barriers
- Ⓞ Learn quickly
- Ⓞ Handle difficult situations
- Ⓞ Handle stress
- Ⓞ Manage/organize
- Ⓞ Lead others in formal/informal groups
- Ⓞ Conduct research despite language and cultural differences
- Ⓞ Cope with rejection

Qualities

- Ⓞ Self-reliance
- Ⓞ High energy level/enthusiasm
- Ⓞ Appreciation of diversity
- Ⓞ Perseverance
- Ⓞ Flexibility
- Ⓞ Open-mindedness
- Ⓞ Assertiveness
- Ⓞ Inquisitiveness
- Ⓞ Self-confidence
- Ⓞ Self-knowledge
- Ⓞ Independence

Leveraging Your International Experience

Students who have international experience are different than those who have not. Your unique set of skills and experiences set you apart from the average American student.

Have people assured you that your experience abroad “looks great on a resume?” They're right! However, potential employers or members of graduate or professional school admissions may lack these experiences themselves. That's why it's up to you to effectively communicate the skills and proficiencies that will benefit their organization, convince them of the value of your experience, and demonstrate how this experience sets you apart from other applicants. You will have the opportunity to do this in your resume, your cover letter and even during your interview.

Skills

What skills or proficiencies have you acquired or enhanced while you were abroad? Take some time to reflect and write down those that come to mind. To get you started, some of the skills that professionals with international experience cite as being particularly useful in their careers include:

- Enhanced cultural awareness and sensitivity to customs and cultural differences
- Foreign language proficiency
- Nonverbal communication skills
- Adaptability
- Greater flexibility and receptivity
- Tolerance, sensitivity, listening and observing skills
- Ability to identify and achieve goals
- General improvement in communications skills
- Increased confidence, initiative, and independence
- Ability to deal with personal stress
- Sense of humor
- Awareness of global economic and political issues and realities
- Ability to maintain an open mind and be tolerant of others
- Clarification of goals and improved self-awareness
- General travel skills
- Resourcefulness
- Diplomacy and tact
- Organizational and people skills
- Problem solving and crisis management
- Patience
- Listening and observation
- Specific professional skills or knowledge base

“I think I have my current job because of my experiences abroad. Those experiences gave me greater self-confidence and a greater understanding of myself, which led to my willingness to uproot myself and try new work in a new location.”

-Higher Education Administrator

“A global point of view is a critical skill set that is not easily come by in the US, and it is a skill set that facilitates creativity, diversity of thinking, and better skills for working with a variety of individuals with varied backgrounds, interests and capabilities.”

-- Advertising Executive

Articulating transferable skills is not a simple process. Be sure to enlist the help of friends, alums, fellow professionals, your study abroad office and careers services office to help you determine which experiences produced relevant skills for the job search.

Resume

The goal of the resume is to demonstrate to potential employers that you would be valuable to their organization and to generate an interview. Research indicates that an employer spends approximately 30-40 seconds reading a resume, so keep these simple formatting tips in mind to start with:

- **Font** - Use standard non-serif fonts such as Courier, Arial, or Times New Roman in a readable font size.
- **Margins** - Use ½-inch to 1-inch margins for top, bottom, right, and left.
- **Style** --- Highlight important facts and headings by bolding, underlining, indenting, capitalizing and/or using bullet points.
- **Action Verbs** --- Use action verbs to begin statements describing skills and responsibilities.

- **Length** - Be concise; a one-page resume is often adequate unless you have extensive applicable experience
- **Paper** - Use white or off-white resume paper only.
- **Errors**--Begrammatically perfect and free of typographical errors. Proofread!

Aside from the resume format, consider the content. Where are you locating your experience on your resume and how are you highlighting it? Consider listing your study abroad program in your education section rather than under activities or other experiences.

- B.A. Chapman University, Orange, CA
Bachelor of Arts, Art History -- May 2015
L'Université de Paris IV, France, Fall 2013

"My experience in Russia and Ukraine differentiated me from the masses of "standard" college grads hunting for the most desirable jobs. I heard it time and again from employers."

If you completed an internship abroad, list it as work experience instead of an activity.

- Communications Intern, CNN Hong Kong
Hong Kong, Hong Kong January 2014-May 2014

If you did a work program but the work was not particularly related to your intended profession, list it as work experience but concentrate more on the cross-cultural learning aspects and transferable skills of the job and less on other tasks.

- Forrester's Arms Pub, Cape Town, South Africa
Served patrons in a local restaurant, worked as the only American in a South African business, trained co-workers in American-style customer service.

Be sure to include any research you conducted abroad and the topic you focused on.

- Directed Research Topic: The Right of the Child: Children and Conflict in Sri Lanka

Cover Letter

How does your experience relate to your field? What field do you intend to work in? How might your international experience uniquely benefit a professional in that that field? Work to specifically address this in both your cover letter and resume while also demonstrating the links between your acquired skills and the company's needs. For example:

- My experience living in Nicaragua strengthened my Spanish language skills and enhanced my ability to adapt to various communication styles and interact effectively while working closely with the local Latino population.
- My education in Taiwan provided increased my cross cultural competence as I learned about the cultural differences that influence consumers and will improve my ability to contribute to international marketing initiatives.

The Interview

Consider in advance where and how you will refer to your experience abroad. While it is important, you should not use it as your only point of reference. Before the interview, think about various ways you can naturally incorporate the experience into your responses. If your interviewer remarks or asks about your international experience, take it as an opportunity to expand. Don't let the opportunity pass by with a simple "Yes, it was great!" Prepare specific examples. Did you:

- Do a specific project or research applicable to your field of interest while abroad?
- Travel independently?
- Learn to work with a more diverse group of people than you had previously been exposed to?
- Resolve a conflict based on misunderstandings or cultural differences?
- Learn new activities, languages, hobbies, or skills?

"I usually bring up my international experience when asked, 'tell me something interesting about yourself'."

-Clinical Research Coordinator

"My international experience is always asked about, whether it is relevant to the position or not."

-Director of Conferences for a Professional Association

Résumé Examples

Allison Hernandez

766 Blythe St, Pasadena, CA 91107
626.555 .9999 | allisonh@ gmail.com

OBJECTIVE

A position in a public relations or advertising firm

EDUCATION

B.A. Communication emphasis in Advertising and Public Relations, May 2015 (anticipated) University of California, Santa Barbara, CA
Minor: Sociocultural Linguistics

Study Abroad, August 2013-May
2014 Chinese University of Hong
Kong

- Academic courses incorporated world issues from US and HK perspectives
- Developed familiarity with local customs and gained proficiency in spoken Cantonese
- One month of independent travel to six countries following year of study

RELATED SKILLS

- Created multimedia presentation using slides, music, and narration to brief incoming UCSB students during orientation
- Developed sales presentations and assisted with advertising campaigns including radio spots, newspaper ads, billboards, posters, brochures
- Coordinated informational sessions for perspective study abroad students as a Global Intern
- Networked with students and faculty from Hong Kong and other international destinations

EXPERIENCE

Advertising Intern

Ad Max Media, Inc., Santa Barbara, CA

July 2013-Present

- Provide integral support of strategic pr and marketing campaigns for existing and new projects
- Create and maintain detailed media lists, track press coverage and update website's press highlights page
- Update and maintain press pages on company website as well as update company blog
- Proof read and edit press materials
- Assist in fulfilling timely media requests
- Internet and media research

World News Editor

Daily Nexus , University of California, Santa Barbara, CA

August 2012-May 2013

- Managed world news reporters and designated assignments for the publication
- Worked cohesively with Daily Nexus staff and assisted with layout design

Senior Teller

Bank of America, Goleta, CA

August 2011-June 2012

- Processed customer deposits, cashed checks, managed cash box, sold products and services
- Resolved customer service issues and trained new tellers
- Insured customer satisfaction measured by monthly customer delight score

ACTIVITIES & AWARDS

University of Santa Barbara, California: Dean's List, fall 2012-spring 2014

Lessons from Abroad, Study Abroad Returnee Conference: attended, November

2007 Rocky Mountain Leadership Conference: attended and presented, July 2007

Boys and Girls Club, Santa Barbara: volunteer, August 2005-June 2006

Jerod Lautrec

711 Euclid ♦ Fort Collins, CO 80524 ♦ (970) 555-0022 ♦ bru@hotmail.com

OBJECTIVE

Seeking employment with an organization focused on watershed science utilizing interpersonal relationships and analytical skills

EDUCATION

A.S. Environmental Technology,
Minor: Spanish
Colorado Mountain College

May 2010

Watershed Science,
Colorado State University
Study Abroad

May 2014

Leadville, CO Fort Collins, CO

Centro linguistico Latinoamericano

May 2013-July 2013

Heredia, Costa Rica

- Attended an intensive Spanish Language and Latin American Culture School
- Lived with a Costa Rican family, allowing me to gain a greater understanding of the culture

Semester at Sea

Spring 2012

University of Pittsburgh Institute For Shipboard Education

- Attended a university program involving living on a ship for 3 ½ months and traveling to 10 countries
- Course content incorporated cultural study of the countries visited

RELATED FIELD and CULTURAL SKILLS

Cultural Skills

Fluent in spoken and written Spanish • Basic understanding of Chinese Easily adapt to changing circumstances

Hydrologic Techniques

Water Balance • Discharge Measurements • Stream Classification • Floodplain Estimates

Computer Knowledge

GIS (ArcView 3.5) • Minitab Statistical Package • MS Word & WordPerfect • HEC-I Modeling

RELEVANT EXPERIENCE

Editorial Assistant

Colorado Water Resources Research Institute

August 2013-present

Fort Collins, CO

- Write nomination for Colorado State University faculty for awards in hydrology
- Write articles for the bi-monthly newsletter

Hydrologist (SCEP Position)

USDA Forest Service

May-July 2012

Bly, OR

- Conducted water quality sampling to determine the cause of phosphorous loading into the Upper Klamath Lake in Klamath Falls, Oregon.
- Attended a training course on stream assessments in Region 6
- Assisted the wildlife biologist locate Goshawk nests and GPS Aspen stands for elk habitat
- Educated school-aged children about water quality and conservation

LEADERSHIP EXPERIENCE

President, Student Chapter of the American Water Resources Association

January 2013-present

Member, Natural Resources College Council

January 2012-present

Cover Letter Guidelines & Suggestions

Do not underestimate the power of a good cover letter. A well-written cover letter can make a critical difference in an employer's estimate of your qualifications. An applicant with average qualifications may gain many interviews with a good cover letter, while a well-qualified candidate may defeat him or herself with a poorly written cover letter.

NOTE: If an internship or job you want requires writing skills, you must have a superior letter.

A COVER LETTER SHOULD:

- Demonstrate your writing skills and professionalism
- Show that you have researched your field of interest and the specific company/organization to which you are applying.
- Convey a sense of who you are-- your personality.
- Summarize your qualifications (skills and education) that are relevant to the specific internship position.
- Communicate your interest and enthusiasm for the position and the company/organization.
- Use positive word choices like "I will," "I can," "I look forward," as opposed to "If selected," "I hope," etc.
- Note the skills and knowledge you acquired as a result of your study abroad experience(s).
- Proofread your cover letter very carefully – it is an example of your writing ability.

EACH COVER LETTER MUST BE SPECIFIC – NO FORM LETTERS PLEASE!

Each cover letter must focus on the particular internship position and organization or company to which you are applying.

Do not use a form letter that varies only in such details as name or the organization or position title. Employers recognize these form letters very quickly.

Employers are much more impressed with someone who has taken the time to research and write a letter specifically directed to their internship or job opening and their organization.

EXAMPLE

John G. Student

A-Z University, Box 0001, Los Angeles, CA 90000 (301)
123-4567 (cell)

Email: jstudent@a-z.edu

November 1, 2015

Mr. Noah Gray

Human Resources Manager

TBWA/Chiat/Day 1111
Wilshire Blvd. Los
Angeles, CA 90046

Dear Mr. Gray:

Jennifer Greenleaf from A-Z University's Internship Office informed me that TBWA/Chiat/Day is accepting resumes for summer 2011. I would like to be considered as a candidate for the Summer Advertising Intern position.

I am a double major in Marketing and Advertising at A-Z University. My long-term career goal is to work for an international company in the advertising arena. This internship will be the beginning of my career path. I am President of the Advertising & Communications Club. I am also the editor of our campus student newspaper, "The Student News." My education has helped me develop a strong understanding of interpersonal communication as well as thorough organizational skills. Being active on campus while maintaining a 3.5 grade point average has enabled me to develop abilities in: managing team members, engaging with the public, reaching long- and short-term goals and multi-tasking – skills that match the requirements for the Advertising Intern position.

John G. Student

Highlight Your Study Abroad Skills in a Job Interview

First, think about some of the skills you may have gained/developed through study

| | | |
|--|---|---------------------|
| Ability to establish rapport | Diversity appreciation | Motivation |
| Ability to handle stress and unfamiliar situations | Familiarity with local customs | Open-mindedness |
| Ability to make transitions | Flexibility | Perseverance |
| Adaptability | Goal establishment | Positive outlook |
| Adventurous spirit | Independence | Research experience |
| Analytical experience | Initiative | Resourcefulness |
| Assertiveness | Intercultural Competence | Responsibility |
| Creativity | Language proficiency | Self-confidence |
| Cross-cultural communication | Listening and observation | Self-reliance |
| Curiosity | Managing, organizing, or leading others | |

Second, reflect on the following prompts to help you identify and articulate specific indicators of the skills you learned abroad:

Identify an experience that would demonstrate that...

1. You have a basic command of the local language, and be able to use it in a practical situation (Student in Spain, apartment, work, took classes)
2. You can take personal risks and act independently
3. You can creatively solve problems by applying familiar concepts to unfamiliar situations
4. You can contribute to an ethnically diverse team
5. You can be self-confident, yet able to listen and learn from people whose value systems are different
6. You can be flexible and adaptable to rapidly changing situations

Third, use the experiences and situations described above to answer behavioral questions asked in an interview.

These interviews are based on the premise that your past performance is the best predictor of future performance in similar circumstances. Interviewers seek specific examples to get as detailed an understanding as they can about the way candidates have responded in similar situations and challenges. They are looking for proof that you can demonstrate the desired capabilities in the real world. There is a three-step process to answering these questions:

- **Situation:** Describe a challenge you faced similar to the example posed by the interviewer.
- **Action:** Explain the actions that you took to resolve the situation.
- **Results/Outcome:** Detail the beneficial and positive outcomes that came from your initiatives.

Below are some questions commonly asked in the behavior-based interview:

- Tell me about a time when you changed your approach to a project after starting it. Why did you feel it was necessary to make the change? What was the result?
- Give me specific examples of several projects you were working on at the same time. How did you keep track of their progress? How did they turn out?
- Describe a time when a team member openly criticized you for something. Why were you criticized? How did you respond? What could you have done differently?
- Give me a specific example of a time when you had to meet a deadline, but your professor wasn't available to answer a question and you were unsure how to proceed. What did you do? What was the outcome?
- Tell me about an interpersonal conflict you have had with someone and how you dealt with it.
- Tell me about a time when you were a leader of a group. What was the most difficult thing about that experience?
- Tell me about a time when you were working as part of a team and someone else wasn't pulling their weight. How did you handle it?

Source: Adapted from Bay Area Lessons from Abroad & Matherly, C. (2005). *Effective Marketing of International Experiences to Employers*. In M. Tillman (Ed.), *Impact of Education Abroad on Career Development* (9-10). Stamford, CT: American Institute for Foreign Study.

Living an Internationally Focused Life Resource List for LFA-Oregon

There are a variety of ways to go abroad again after you have graduated. Even on a tight budget, work, volunteer and independent study opportunities are readily available to you. The information below is intended to provide an overview of some of the options and provide you with resources to start the search. It is by no means an exhaustive list.

Before researching any opportunity, you should consider the following:

- What do you hope to gain from the experience?
- Where would you prefer to go?
- Would you like to utilize any language skills? Are you proficient enough to work in that language?
- How long would you like to stay abroad?
- How important is it to be paid? Can you support yourself financially?
- How will the experience relate to longer-term academic or career goals?
- What types of travel documents (visas etc.) are required and how will you obtain them?

Tips for Volunteering, Interning, Teaching, and Researching Abroad*

Internships Abroad: Just like at home, some internships pay, others do not, and some even require you to pay for the arrangements of the internship. You may find leads on internships abroad through: 1) your study abroad office 2) your Career Services Office 3) various work or volunteer abroad resources.

Volunteering Abroad: Volunteering provides a flexible schedule and varying time commitments. You may choose to participate in a work camp in France for two weeks, volunteer with street kids in Peru for three months, or teach school in Nicaragua for two years. Not only that, but volunteering can be a good resume builder in terms of getting that job you eventually want abroad.

Short-term Work Abroad: If you are unsure about the length of time you want to work abroad, you might consider looking for short-term projects, such as youth exchanges, internships, work-and-learn programs or working holidays. A short-term placement may give you the experience and background you need to decide whether you want to work abroad for an extended period.

General Considerations

Is an international work or research experience for you? Just like study abroad, these outside-the-classroom education abroad experiences will be both challenging and rewarding, but to an even greater degree. It's more likely that you will be working with local people rather than with a group of Americans. The expectations may be less structured than in the classroom, and you cannot take a passive approach.

Personal qualities that will serve you well include the following (for further reading, see L. Robert Kohls, *Survival Kit for Overseas Living*):

- Your full, active engagement
- Willingness to listen and observe
- Willingness to put the needs of your supervisor and host organization first. How can you be helpful to them?
- Flexibility and tolerance for differences

- Independence and self-reliance
- Being able to cope with feelings of loneliness, isolation or homesickness
- Taking responsibility for your own safety, health and welfare
- Sense of humor
- Ability to be less task- and goal-oriented than in the U.S. You may find a generally slower pace of work and life in many world regions
- Ability to tolerate failure
- Ability to tolerate ambiguity and lack of (or different) structure in your everyday environment

While the challenges may be greater than for study abroad, so are the potential rewards. Some of the rewards reported by those who have worked, interned, volunteered or researched abroad include:

- Gains in your feelings of competence and confidence
- Deep understanding of the host country's culture (though you may need to reflect and read on your own to conceptualize this understanding)
- Rapid acquisition of a foreign language where relevant, though you'll need to already have a basic working knowledge of the language to start with. Some programs include an intensive language component at the beginning.

*Adapted from “Getting Started: Working, Interning, Volunteering, and Researching Abroad” by Bill Nolting, Assistant Director Education Abroad at the University of Michigan

[Insight into Possible Career Choices](#)

It is important to understand the difference between working abroad and having an international career. Working abroad means you have a job in another country. Most companies are looking for engineers, computer experts, scientists or medical personnel. More and more companies are hiring host nationals to work in their offices abroad. In order to successfully work abroad it is helpful to have extensive experience in the country you plan to work.

International Careers are typically based in the United States. While working in the US, these jobs usually involve travel, allowing you to see different parts of the world. For such internationally focused jobs, consider looking into the foreign service, international education, international business, international relations, international development agencies, non-profits with a global focus, or working for an airline, travel agency, or tourism board.

[Finding a Work, Internship or Volunteer-Abroad Placement](#)

Decide how you'll go about finding a work, internship or volunteer abroad placement, through one of two means:

- Use the assistance of a program.
- Make your own arrangements. For most students and recent graduates we recommend using a program. Programs may offer varying amounts of assistance with matters including job placement, obtaining a work visa, pre-departure orientation, and onsite support. If you do it yourself, all these things are entirely up to you and if something goes wrong, you're on your own.
- Making your own arrangements may be most suitable when you have connections through professors or other acquaintances. This is more likely to be the case for students in graduate and professional schools, though there are also some programs suitable for advanced students.

Finding a Work Abroad Program

List your Basic Criteria

- Decide whether you need academic credit or not. If you do, consider a study-internship or study-volunteer (known as service-learning) program which combines academic coursework with an internship or volunteer experience.
- It's also possible to arrange for an independent study with a professor. If you want academic credit, be sure to consult with your academic advisor (and with your concentration advisor for credit in your major). The following is a partial list of important considerations:
- Duration - length of time can range from a few weeks to a summer or semester, to two years (for programs like the Peace Corps).
- Location - especially the choice between developed or less-developed regions, and its relationship to other factors such as costs health and safety issues.
- Health and safety - see <http://travel.state.gov/> for assessments of these factors for every country.
- Focus - each type of work abroad (internship, volunteering, teaching, paid jobs, research) has its own distinctive focus and a greater or lesser degree of structure.
- Eligibility requirements - some programs require specific skills (e.g. engineering or foreign language competence), while others are open to generalists. Some programs are restricted to U.S. citizens.
- Costs - with very few exceptions there will be expenses for working or doing research abroad. Even paid positions will usually have program fees or at least start-up expenses. The only programs that cover all one's expenses tend to be government-sponsored (either U.S. or foreign) and for a longer period of time, such as a year or two. So, you may need to do some fundraising.

Details to Take Care of:

Following is a list of some of the essential logistical details you will need to take care of. These should be started months before you leave, since each step may require weeks.

- You will need a passport.
- You may need shots (inoculations).
- You will probably need a visa.

Your Visa

Important! Special permission needed for working, volunteering, interning, researching, etc.

You will probably need a special type of visa that allows you to work, volunteer, intern, or do research (there may be special visas for each of these categories, depending on the country of your destination). A visa can only be obtained from the Embassy or Consulate of the country of your intended destination.

Plan ahead! You'll need to already have a passport to apply for a visa. It usually takes longer to get a work visa and requires more documentation than for other types of visas. You will nearly always need to provide a letter from your program, your employer or host organization. Without it, you will be unable to obtain a special-purpose visa. If you are participating in a program, ask them for advice about obtaining a visa. Even if you'll have an unpaid internship or volunteer position, you may still need a work visa. If you do not have the proper visa, you could be deported at the border! Every country has its own regulations and these differ widely. Check out the visa requirements by finding the listing for the country of your destination at www.embassy.org.

Cultural and Linguistic Preparation

For all destinations, read up on the country you'll be going to. Check the Internet for host-country newspapers and background reports.

Try to meet international students from the country of your destination. Faculty members who have lived or worked in the country are another valuable source of information.

If you have a placement prearranged, find out as much as you can about the organization with which you'll be working. Speak with students who have returned from a similar experience.

If you are going to a country where another language is spoken, practice speaking the language in every way possible. Start by taking classes, joining conversation groups, or finding a language partner to practice with. Also, brush up on specialized vocabulary and keep a notebook of terms you may need.

While You're Abroad

U.S. citizens should also register their itinerary with the U.S. Department of State Travel Registry (www.travelregistration.state.gov/ibrs/ui/). Citizens of other countries may be able to register with the overseas Embassy of their home country. You'll want to provide your close relatives and, if relevant, your department with your itinerary too.

Some types of visas (such as special visas for work or research) may require registration onsite with host-country authorities, depending on the country. Be sure to do this if it's required by your destination country. The visa itself, as mentioned above, needs to be applied for far in advance of leaving the U.S.

Develop a work plan with your supervisor, or if the situation is not so structured, develop a set of personal goals. Modify these as time progresses.

Communicate regularly with those at home, including professors, family and friends.

Resources To Get Started

A number of organizations are specifically dedicated to fighting global issues and improve education, health and social and economic development for individuals around the world. Consider working for agencies such as

- www.accion.org --- whose goal is to send dedicated workers to the field to document the impact of microfinance loans
- www.crossculturalsolutions.org --- with volunteer programs dedicated to community impact.
- www.fdsinternational.org --- supports community development programs and internships

- www.fhi360.org/careers/ -- is another nonprofit with a social justice bent
- www.vso.org/uk -- works through volunteers to fight global poverty
- www.rescue.org/how-you-can-help - focuses their workers on like issues.

Many of these organizations exist to help facilitate work, intern or volunteer opportunities abroad. Often, a fee associated with interning or volunteering with these organizations, but don't let that deter you. Consider going with programs like

- www.bunac.org/usa -- which even includes helpful visa services
- www.amerispan.com/volunteer_intern - with opportunities in over 30 countries or www.vfp.org and www.projects-abroad.org -- which have placements in over 100 countries,
- www.firstabroad.com -- has opportunities from two weeks to two years
- www.geovisions.org -- provides volunteer programs abroad in unique settings
- www.globalservicecorps.org -- focuses on opportunities in Cambodia and Tanzania
- www.upwithpeople.org -- a global education and arts organization with a goal of understanding multiple cultures through service and music.
- www.culturalvistas.org, www.volunteerinternational.org, and www.myelap.com are other organizations to consider when researching internship and volunteer abroad opportunities.

Distinctive opportunities, such as working on an organic farm (www.woof.net) in exchange for room and board, are ways to affordably travel abroad. Consider pursuing an internship, training or fellowship through www.amscan.org. Also, www.ccusa.com sets up summer camp, work, volunteer and travel programs in a number of locations.

There also exist a number of databases of open jobs in other countries. Check out:

- www.bumeran.com.mx -- for jobs in South America
- www.cadronline.com -- for jobs in France
- www.totaljobs.com -- to search for openings in the UK
- www.eurojobs.com -- expands the search to all of the EU,
- www.careerone.com/au and www.workopolis.com offer employment opportunities in Australia and New Zealand

There are broader search engines for work abroad such as through www.goabroad.com, or through the University of Michigan's internationalcenter.umich.edu/swt/work/. Also consider:

- www.idealists.org - with its focus on non-profit work
- www.rileyguide.com/internat/ -- which allows searches in specific countries,
- www.aupair-world.net - which is one of the leading online au pair agencies.

Check out websites that provide helpful tips for scoring a job.

- www.jobera.com and www.eurograduate.com -- help to familiarize individuals with different countries' various norms when it comes to résumé, CV, and cover letter writing.
- www.goinglobal.com -- provides information on resumes/CV's, work permits, employment trends and job opportunities in the country of your choice.
- www.myworldabroad.com -- provides quick guides, sample resumes and cover letters, information on

work and living abroad for young professionals.

- Geared at young professionals and recent grads www.ihipo.com is a network dedicated to empowering international careers.

Various organizations and councils can also be potential sources for obtaining information about a career path.

- Check out your local club or www.rotary.org/en an organization of professionals worldwide who provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace.
- The www.worldaffairscouncil.org is an association of independent organizations that work to engage and educate Americans on international affairs and foreign policy and often have regional chapters.
- www.nafsa.org/careercenter is an organization geared towards careers in International Education.

A number of well known non-profits also post jobs for work in many of their locations abroad, or in their US based headquarters. Examples include:

- www.worldvision.org/about-us/job-opportunities - which also has volunteer and internship opportunities,
- www.oxfam.org/en, or www.habitat.org/hr -- which also has projects you can volunteer on from one day to a year.
- www.irex.org/careers --- has job openings both domestically and internationally
- <http://jobs.interaction.org/home/> --- is a network of organizations working in international development.

Consider pursuing a career through the www.state.gov/careers/, www.un.org/en/employment/ or the www.cia.gov/careers/ all of which also have opportunities for internships and fellowships. www.peacecorps.gov Volunteers serve in 77 countries across the globe.

Teaching Abroad

It is important to differentiate what type of teaching abroad you would like to do. There are short-term programs (summer or less than a year) & long-term (one year or more). Furthermore, certain programs will be for teaching English as a foreign language. For such options, the programs may be self-arranged or with a teaching program or language school. The teaching might consist of private tutoring, or running entire classes. The paid opportunities are largely in Asian countries, though there are options worldwide. TEFL Certificates for teaching in these programs may be required. You might also consider teaching at a K-12 international school. Such programs can require credentials, but don't always.

Resources To Get Started

There are many ways to teach abroad. Similar to internships and volunteer programs, there is frequently a fee associated with some of these programs, particularly if it includes TEFL certification. A good place to start might be a job-listing database, such as

- <http://www.linguistic-funland.com/tesljob.html> or www.daveseslcafe.com, A large job banks for ESL/EFL jobs.
- The University of Michigan www.internationalcenter.umich.edu/swt/work/teach/ provides a good overview of student teach abroad options, with resources for those with or without a teaching certificate.
- www.studyabroad.com and www.goabroad.com are extensive web sites listing teaching programs as well as internships and grad school programs abroad.
- www.teflsearch.com --- is a comprehensive search engine for TEFL/ESL jobs abroad that includes everything from a blog to country specific budget worksheets
- www.teachaway.com --- offers teaching jobs, principal and school director jobs, and opportunities to teach English overseas in 70 countries.

There are also programs that help arrange teaching English jobs in a number of locations.

- www.ciee.org/teach --- arranges programs in Chile, China, the Dominican Republic, South Korea, Spain or Thailand.
- www.languagecorps.com - offers year-long teach abroad programs in South East Asia and Latin America.
- www.worldteach.org - sets up year-long or summer teaching positions in Ecuador, Costa Rica, Namibia, the Marshall Islands and China.

There are programs that cover the cost of your teach abroad experience but often require an extensive application process.

- Think about the Fulbright (<http://us.fulbrightonline.org>) English Teaching Assistantships in numerous countries.
- The www.cetp.info arranges teaching English in Hungary
- The www.jetprogramme.org is for teaching English in Japan,
- www.marshall.edu/gochina/ arranges teaching English in China.
- The French (<http://highereducation.frenchculture.org/teach-in-france>) and Spanish Embassies (<http://www.mecd.gob.es/portada-mecd/>) also arrange teaching English in their respective countries.

Graduate School Abroad

There are several ways to do post-graduate studies abroad. One option is to apply and enroll directly and another is to go through an American organization that facilitates full degree programs abroad. Also see the section about scholarship programs, fellowships, and other funding tips.

- www.acrossthepond.com A resource to help students interested in earning a grad degree in the UK.
- www.ags.edu No language requirement. Several tracks of study offered.
- www.barcelona.uibs.org 16 International Master's Programs offered at the Barcelona Business School.
- www.britishcouncil.us Figure out how to obtain your masters degree in the UK.
- www.degreesabroad-cis.com - Helps students enroll in graduate programs abroad in England, Scotland, Ireland, Australia, New Zealand, Spain and Switzerland.
- www.findmasters.com --- A comprehensive database of postgraduate Masters courses along with helpful advice.
- www.fu-berlin.de/en/ - Master's Programs taught in English offered jointly by several universities.
- www.gradschools.com --- Comprehensive listing of grad schools in countless countries.
- www.gradschoolsabroad.com --- Info on grad school in Australia, New Zealand, England, Scotland, Ireland and Canada.
- www.internationalgraduate.net --- A website for graduate opportunities worldwide.
- www.studiesabroad.com --- A U.S. provider that helps students obtain degrees in Argentina, England, France & Spain.
- www.keiabroad.org --- Offers a variety of degrees including Associates, Bachelors, Masters, Doctoral, Certificate and Diploma programs in a wide range of academic disciplines.
- www.mastersportal.eu --- European based search engine for masters programs.
- www.richmond.ac.uk - Earn your MA in Art History or International Relations at this London-based university.
- www.studyinholland.nl --- Allows you to search for programs, scholarships and various study options in Holland.
- www.univ.cc --- A searchable database of universities around the world.
- www.globaled.us/wwcu/ -- Resource of UCLA Center for Global Education that provides links to colleges and universities around the world.

Internationally Focused Degrees in the US

More universities are offering study abroad opportunities for graduate students. Look into this while researching grad schools! Another option is to plan to do research for your degree abroad. Be sure to ask graduate school recruiters about opportunities to intern, study or research abroad. Not only that, but there are countless grad school programs in the U.S. with an international focus, be it Peace and Conflict Studies, or International Education.

- www.american.edu/sis/ --- A number of internationally focused degrees through the School of International Service.
- www.apsia.org/ --- Association of Professional Schools of International Affairs. 66 schools listed worldwide.
- www.arcadia.edu --- MS in International Peace and Conflict Studies, International Public Relations or International Relations and Diplomacy.
- www.cehd.umn.edu/olpd/grad-programs/CIDE/ - Graduate studies in Comparative and International Development Education with a number of areas of focus.

- www.cui.edu/academicprograms/graduate/internationalstudies/ -- The MA in International Studies cultivates academic, cultural, research and language skills alongside a practical work experience in China.
- http://education.fiu.edu/academic_programs.html -- MS International and Intercultural Education.
- www.gse.upenn.edu/international -- A number of degrees from the Graduate School of Education at Penn that offer an international focus.
- www.ipsl.org -- IPSL offers an MA or MS in International Development and Service.
- www.miis.edu/ -- The Monterey Institute offers professional graduate degrees with an international focus.
- www.middlebury.edu/ls/grad_programs/ -- Masters of Arts programs for 8 languages.
- peabody.vanderbilt.edu -- M.Ed. in International Education Policy and Management at Vanderbilt.
- www.sit.edu/graduate/ -- SIT offers programs in International Education, Peace Building/Conflict Transformation, Sustainable Development, Social Justice, Intercultural Relations, and TESOL.
- steinhardt.nyu.edu/humsocsci/international -- Master's of International Education at Steinhardt NYU.

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Funding for Graduate School, Work, or Research Abroad

Asia Pacific Leadership Program (APLP) www.eastwestcenter.org/education/aplp

The program links advanced and interdisciplinary analysis of emergent regional issues with experiential leadership learning. Option to participate in extended fieldwork in Southeast Asia, internships, self-designed projects and employment experience.

DAAD German Academic Exchange Service

<https://www.daad.org/graduates> Provides over a dozen different types of scholarships

For post graduate study, language learning and research in Germany

David L. Boren Fellowship www.borenawards.org/boren_fellowship

National Security Education Program (NSEP) David L. Boren Graduate Fellowships
Opportunities for graduate students to add a study abroad and language component to their studies.

The Davies-Jackson Scholarship www.cic.org/Programs-and-Services/ Scholarship for study at St. John's College at Cambridge in the UK

For students with exceptional academic records who are the first in their family to graduate college.

Fulbright Scholarship

<http://us.fulbrightonline.org> For study, research, or teaching abroad Applications are to ONE specific country
If more than one semester of study in a country, don't apply to that country

Gates Cambridge Scholarship www.gatesscholar.org

Awarded to students from outside the UK to study at Cambridge
The program aims to build a global network of future leaders committed to improving the lives of others.

Marshall Scholarship www.marshall scholarship.org

Marshall Scholarships "finance young Americans of high ability to study for a degree in the U.K." For study at any UK university. Must have 3.7 GPA to apply.

The George J. Mitchell Scholarship www.us-irelandalliance.org/ Scholarship for study in Ireland

Competitive – modeled as the "Marshall Scholarship to Ireland"

The Huntington www.nationalgridus.com/huntington.asp

Provides a \$10,000 stipend each year for a graduating college senior to pursue one year of public service anywhere in the world

Mellon Foundation Fellowships www.woodrow.org (search Fellows)

Offers support for graduate students who previously participated in the Mellon Mays Undergraduate Fellowships. Includes dissertation grants and travel and research grants

Thomas R. Pickering Graduate Foreign Affairs Fellowship www.woodrow.org (search Fellows)

For graduate students (or students accepted to a grad school program) with an emphasis on language learning and a fast track into the state department.

Rhodes Scholarship

www.rhodesscholar.org For study at
Oxford University, UK

Extremely competitive. Must have impressive grades and leadership experience

Rotary World Peace Fellowship www.rotary.org (Search World Peace Fellowship)

Rotary World Peace Fellowships fund either master's degree or professional development certificate study at one of the six Rotary Centers for International Studies in peace and conflict resolution at seven universities worldwide.

Thomas J. Watson Fellowship

www.watsonfellowship.org A one-year grant for travel and study outside the US

Must be a student at one of the 50 participating institutions Free-formed, non-study proposals

Additional Graduate Programs and Search Engines

D Association of Professional Schools in International Affairs: www.apsia.org

D Comparative and International Education Society: www.cies.org

D GradSchools.com: www.gradschools.com

D Peterson's Higher Ed Guides: www.petersons.com/graduate/gsector.html

Alternative Sources of Funding

D Finding Funders: www.fdncenter.org/funders/

D The Grantsmanship Center: www.grantdomain.com/

International Funding Sources

D The Annenberg Foundation: www.annenberg.org/

D The Annie E. Casey Foundation: www.aecf.org/

D The Ford Foundation: www.fordfound.org/

D The Robert Wood Johnson Foundation: www.rwjf.org/

D W.K. Kellogg Foundation: www.wkkf.org/

D MacArthur Foundation: www.macfdn.org/

D The Andrew W. Mellon Foundation: www.mellon.org/

D Charles Stewart Mott Foundation: www.mott.org/

D The David and Lucile Packard Foundation: www.packfound.org/

D The Pew Charitable Trusts: www.rwjf.org/index.jsp

D The Rockefeller Foundation: www.rockfound.org/

D The Starr Foundation: <http://fdncenter.org/grantmaker/starr/>

D The Robert W. Woodruff Foundation: www.woodruff.org/

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Additional Resources

Alphabetical Listing of International Organizations

BUNAC (www.bunac.org/usa/)

- Work abroad in Australia, New Zealand, France, Ireland, and Canada
- Volunteer abroad in Peru, South Africa, and Cambodia

CDS (www.cdsintl.org)

- Fellowships and Internships abroad
- Argentina, Germany, Russia, and Spain

Child Family Health International (www.cfhi.org)

- NGO placing health science students on global health education programs in ways that are socially responsible and financially just.
- India, South Africa, Bolivia, Ecuador, Mexico, Nicaragua, and USA

CIEE (www.ciee.org)

- Study Abroad in over 40 countries
- Teach Abroad in Chile, China, South Korea, Spain, and Thailand

Cross-Cultural Solutions (www.crossculturalsolutions.org)

Cultureshocktoolbox.com

- Online resource for culture shock

Volunteer and Intern Placements abroad in health, education and social services

- Programs in Africa, Asia, Latin America, and Eastern Europe
- Available year round, flexible lengths and start dates

European Internships (www.europeaninternships.com/)

- Variety of Internships in Europe

Experiential Learning Abroad Programs (ELAP) (www.isaelap.com)

- Contribute to community development and experience direct interaction with locals in Latin America through volunteering.

Experiential Learning International (ELI) (www.eliabroad.org)

- ELI provides different options for volunteering, interning and studying abroad.

GoAbroad.com

- GoAbroad.com is the comprehensive on-line source for study abroad, language schools, overseas internships, international volunteer positions, teach abroad, and more.

Gradschools.com

- Online resource helping you explore graduate programs specific to your choice of study and preference for campus. Program locations within US only.

IAESTE United States (www.iaesteunitedstates.org)

- Organization dedicated to developing global skills in tomorrow's technical leaders through international exchange, leadership training, professional skill development, and technical education

Idealist (www.idealists.org)

- Non-profit organization that connects people, organizations and resources

IE₃ Global Internships (www.ie3global.org)

- Internships available in a variety of private-sector companies, nonprofit organizations and educational institutions around the world
- An academic program of Oregon University System

Institute for International Cooperation and Development (<http://www.iicd-volunteer.org/>)

- Trains and sends volunteers abroad for development and aid work in Africa and Latin America

Intercultural Communication Institute (www.intercultural.org)

- Offers Graduate degrees in Intercultural Communication and Relations
- 1-5 day-long workshops available during the Summer Institute

Inter Exchange (www.workingabroad.org)

- Teach English, Volunteer, Au Pair, Work and Travel

JET Program (www.us.emb-japan.go.jp/JETProgram/homepage.html)

- Work in Japan in one of the following capacities
- Assistant Language Teacher; Coordinator of International Relations

Mercy Corps (www.mercycorps.org)

- Worldwide volunteering and development work in various fields

Ministry of Education

- The Ministry of Education sponsors programs for US graduates to serve as Teaching Assistants in English classrooms for 1-2 years. Participating countries include: Spain, France, and Italy

Monterey Institute of International Studies (www.miis.edu)

- Graduate degrees in international education, TESOL, management, policy studies, environmental policy, public administration, translation, interpretation, and more.

NAFSA (www.nafsa.org)

- Association of International Educators: resources for professionals in the field of Int'l Education

Peace Corps (www.peacecorps.gov)

- Volunteers work with governments, schools, and entrepreneurs to address changing and complex needs in education, health and HIV/AIDS, business, IT, agriculture, and the environment

Teach English in Korea (TEIK) (www.teachenglishinkorea.org)

- Teach English in public or private schools in South Korea.

Transitions Abroad (www.transitionsabroad.com)

- General resources for going abroad to study/teach/work/live

StudyAbroad.com

- StudyAbroad.com is a study abroad program directory with study abroad information including summer study abroad programs, study abroad scholarships, and more.

Volunteers for Peace (<http://www.vfp.org>)

- Vermont-based organization offers short-term voluntary service programs in over 80 countries

World Learning (<http://www.worldlearning.org>)

- Experiment in International Living Group Leader

- Responsible for safety and cultural learning of high school students over three to five week summer excursions
- School for International Training Graduate Institute
- Graduate degrees in International Education, Sustainable Development, Social Justice, Conflict Transformation, and others

WorldTeach (www.worldteach.org)

- WorldTeach provides opportunities for volunteers to teach in developing countries, making a meaningful contribution to schools and communities that are in great need of teachers. Most volunteers teach English, and students range in age depending on the placement.
- Need a Bachelor's for yearlong programs, but not summer programs
- Programs to Asia, Africa, South / Central America, Eastern Europe and the South Pacific

WWOOF-Willing Workers on Organic Farms (<http://wwoof.org>)

- Exchange organization that gives you room and board in return for your help in working and managing an organic farm or smallholding. Programs are available worldwide.

International Movies

International movies recommended by OSU & UO faculty: Title (English title), Director, Year, Website.

Arabic movies:

1. Samt el qusur (Silence of the Palaces), Tlatli, Moufida, 1994: <http://www.imdb.com/title/tt0111055/>
2. A New Day in Old Sana'a, Ben Hirsi, Bader, 2005: <http://www.imdb.com/title/tt0478213/>
3. Iskanderija... lih? (Alexandria... Why?), Chahine, Youssef, 1978: <http://www.imdb.com/title/tt0077751/>
4. Paradise Now, Abu-Assad, Hany, 2005: <http://www.imdb.com/title/tt0445620/>
5. Doa al karawan (The Curlew's Cry), Barakat, Henry, 1959: <http://www.imdb.com/title/tt0231477/>
6. Bab'Aziz (The Prince That Contemplated His Soul), Khemir, Nacer, 2005: <http://www.imdb.com/title/tt0395461/>
7. El-sefara fi El-Omara (The Embassy in the Building), Arafa, Amr, 2005: <http://www.imdb.com/title/tt0477470/>
8. Barakat!, Sahraoui, Djamil, 2006: <http://www.imdb.com/title/tt0799932/>
9. Amreeka, Dabis, Cherien, 2009: <http://www.imdb.com/title/tt1190858/>
10. Ali Zoua: Prince of the Streets, Ayouch, Nabil, 2000: <http://www.imdb.com/title/tt0260688/>

Catalan movies:

1. Pa negre (Black Bread), Villaronga, Agustí, 2010: <http://www.imdb.com/title/tt1454523/>
2. Salvador (Puig Antich), Huerga, Manuel, 2006: <http://www.imdb.com/title/tt0445691/>
3. Catalunya über alles!, Térmens, Ramon, 2011: <http://www.imdb.com/title/tt1785326/>
4. Pau i el seu germà, Recha, Marc, 2001: <http://www.imdb.com/title/tt0283539/>
5. El mar, Villaronga, Agustí, 2000: <http://www.imdb.com/title/tt0220631/>
6. La punyalada, Grau, Jorge, 1990: <http://www.imdb.com/title/tt0098144/>
7. Els sense nom (The Nameless), Balagueró, Jaume, 1999: <http://www.imdb.com/title/tt0222368/>
8. [Rec], Balagueró, Jaume, 2007: <http://www.imdb.com/title/tt1038988/>
9. Biutiful, González Iñárritu, Alejandro, 2010: <http://www.imdb.com/title/tt1164999/>
10. Vicky Cristina Barcelona, Allen, Woody, 2008: <http://www.imdb.com/title/tt0497465/>
11. <http://www.imdb.com/title/tt0497465/>

Chinese movies:

1. Huo zhe (To Live), Zhang ,Yimou, 1994: <http://www.imdb.com/title/tt0110081/>
2. Hong gaoliang (Red Sorghum), Zhang, Yimou, 1987: <http://www.imdb.com/title/tt0093206/>
3. Da hong denglong gao gao gua (Raise the Red Lantern), Zhang, Yimou, 1991: <http://www.imdb.com/title/tt0101640/>
4. Yi ge dou bu neng shao (Not One Less), Zhang, Yimou, 1999: <http://www.imdb.com/title/tt0209189/>
5. Huang tu di (Yellow Earth), Chen Kaige, 1984: <http://www.imdb.com/title/tt0087433/>
6. Ba wang bie ji (Farewell My Concubine), Chen , Kaige, 1993: <http://www.imdb.com/title/tt0106332/>
7. An lian taohua yuan (Secret Love Peach Blossom Land), Lai, Sheng-Chuan (Stan), 1992: <http://www.imdb.com/title/tt0103699/>
8. Yin shi nan nu (Eat Drink Man Woman), Lee, Ang, 1994: <http://www.imdb.com/title/tt0111797/>
9. Xi yan (Wedding Banquet), Lee, Ang, 1993: <http://www.imdb.com/title/tt0107156/>
10. San xia hao ren (The Good People of the Three Gorges), Jia, Zhangge, 2006: <http://www.imdb.com/title/tt0859765/>

French movies:

1. Les Choristes (The Chorus), Barratier, Christophe, 2004: <http://www.imdb.com/title/tt0372824/>
2. Ma vie en rose (My life in pink), Berliner, Alain, 1997: <http://www.imdb.com/title/tt0119590/>
3. La grande séduction (Seducing Doctor Lewis), Pouliot, Jean-François, 2003 : <http://www.imdb.com/title/tt0366532/>
4. Salut cousin !, Allouache, Merzak, 1996 : <http://www.imdb.com/title/tt0117544/>
5. Le fabuleux destin d'Amélie Poulain (Amelie), Jeunet, Jean-Pierre, 2001 : <http://www.imdb.com/title/tt0211915/>
6. Le placard (The Closet), Veber, Francis, 2001: <http://www.imdb.com/title/tt0243493/>
7. L'Auberge espagnole (The Spanish Apartment), Klapisch, Cédric, 2002: <http://www.imdb.com/title/tt0283900/>
8. **The sequel is "Les poupées russes" (Russian Dolls), 2005: <http://www.imdb.com/title/tt0409184/>
9. NeUILly sa mère!, Laferrière, Gabriel, 2009: <http://www.imdb.com/title/tt1349856/>
10. Monsieur Ibrahim et les fleurs du Coran (Monsieur Ibrahim), Dupeyron, François, 2003: <http://www.imdb.com/title/tt0329388/>
11. Le fils de l'épicier (The Grocer's Son), Guirado, Eric, 2007: <http://www.imdb.com/title/tt0864770/>

German movies:

1. Keb it up (Kebab Connection), Saul, Anno, 2004: <http://www.imdb.com/title/tt0177882/>
2. 79 qm DDR (Good Bye, Lenin!), Becker, Wolfgang, 2003: <http://www.imdb.com/title/tt0301357/>
3. Das Leben der Anderen (The Lives of Others), Henckel von Donnersmarck, Florian, 2006: <http://www.imdb.com/title/tt0405094/>
4. Soul Kitchen Akin, Fatih, 2009: <http://www.imdb.com/title/tt1244668/>
5. Sophie Scholl - Die letzten Tage (Sophie Scholl: The Final Days), Rothemund, Marc, 2005: <http://www.imdb.com/title/tt0426578/>
7. Alles auf Zucker (Go for Zuker), Levy, Dani, 2004: <http://www.imdb.com/title/tt0416331/>
8. Der Untergang (Downfall), Hirschbiegel, Oliver, 2004: <http://www.imdb.com/title/tt0363163/>
9. Die fetten Jahre sind vorbei (The Edukators), Weingartner, Hans, 2004: <http://www.imdb.com/title/tt0408777/>
10. Rosenstraße (The Women of Rosenstrasse), von Trotta, Margarethe, 2003: <http://www.imdb.com/title/tt0298131/>
11. Aimée & Jaguar (Aimee & Jaguar), Färberböck, Max, 1999: <http://www.imdb.com/title/tt0130444/>

Hebrew movies

1. Shlichuto Shel HaMemune Al Mashabei Enosh, (The Human Resources Manager), Riklis, Eran, 2010: <http://www.imdb.com/title/tt1311075/>
2. Meduzot (Jellyfish), Gefen, Shira, & Keret, Etgar, 2007: <http://www.imdb.com/title/tt0807721/>
3. Boufor/Beaufort, Cedar, Joseph, 2007: <http://www.imdb.com/title/tt0758732/>
4. Lalekhet Al HaMayim (Walk on Water), Fox, Eytan, 2007: <http://www.imdb.com/title/tt0352994/>
5. Ha'Kohavim Shel Shlomi (Bonjour Monsieur Shlomi), Zarhin, Shemi, 2003: <http://www.imdb.com/title/tt0380485/>
6. Nudel (Noodle), Menahemi, Ayelet, 2007: <http://www.imdb.com/title/tt0892332/>
7. Knafayim shvurot (Broken Wings), Bergman, Nir, 2002: <http://www.imdb.com/title/tt0317842/>
8. Hahov (The Debt), Bernstein, Assaf, 2007: <http://www.imdb.com/title/tt0990427/>
9. Aviva Ahuvati (Aviva, My Love), Zarhi, Shemi, 2006: <http://www.imdb.com/title/tt0833422/>
10. Hearat Shulayim (Footnote), Cedar, Joseph, 2011: <http://www.imdb.com/title/tt1445520/>

Italian movies:

1. L'ultimo bacio (The Last Kiss), Muccino, Gabriele, 2001: <http://www.imdb.com/title/tt0265930/>
2. Io non ho paura (I'm Not Scared), Salvatores, Gabriele, 2003: <http://www.imdb.com/title/tt0326977/>
3. La finestra di fronte (Facing Windows), Özpetek, Ferzan, 2004: <http://www.imdb.com/title/tt0352343/>
4. Il divo, Sorrentino, Paolo, 2008: <http://www.imdb.com/title/tt1023490/>
5. Nuovo cinema paradiso (Cinema Paradiso), Tornatore, Giuseppe, 1990: <http://www.imdb.com/title/tt0095765/>
6. La tigre e la neve (The Tiger and the Snow), Benigni, Roberto, 2005: <http://www.imdb.com/title/tt0419198/>
7. La meglio gioventù (The Best of Youth), Giordana, Marco Tullio, 2003: <http://www.imdb.com/title/tt0346336/>
8. Caro Diario (Dear Diary), Moretti, Nanni, 1993: <http://www.imdb.com/title/tt0109382/>
9. Respiro (Grazia's Island), Crialesi, Emanuele, 2002: <http://www.imdb.com/title/tt0286516/>
10. Pane e tulipani (Bread and Tulips), Soldini, Silvio, 2000: <http://www.imdb.com/title/tt0237539/>

Japanese movies:

1. Okuribito (Departures), Takita, Yojiro, 2008: <http://www.imdb.com/title/tt1069238/>
2. Shall we dansu? (Shall we dance?), Suo, Masayuki, 1996: <http://www.imdb.com/title/tt0117615/>
3. Dare mo shiranai (Nobody Knows), Koreeda, Hirokazu, 2004: <http://www.imdb.com/title/tt0408664/>
4. Shiko funjatta (Sumo Do, Sumo Don't), Suo, Masayuki, 1992: <http://www.imdb.com/title/tt0105388/>
5. Tonari no Totoro (My Neighbor Totoro), Miyazaki, Hayao, 1988: <http://www.imdb.com/title/tt0096283/>
6. Sekai no chushin de, ai o sakebu (Crying Out Love, in the Center of the World), Yukisada, Isada, 2004: <http://www.imdb.com/title/tt0424430/>
7. Gojira (Godzilla), Honda, Ishiro, 1954: <http://www.imdb.com/title/tt0047034/>
8. Biruma no tategoto (The Burmese Harp), Ichikawa, Kon, 1956: <http://www.imdb.com/title/tt0047034/>
9. Nijushi no hitomi (Twenty-Four Eyes), Kinoshita, Keisuke, 1954: <http://www.imdb.com/title/tt0047281/>
10. Rashomon, Kurosawa, Akira, 1950: <http://www.imdb.com/title/tt0042876/>

Korean movies:

1. Jibeuro (The Way Home), Lee, Jeong-hyang, 2002: <http://www.imdb.com/title/tt0312841/>
2. Maraton (Marathon), Jeong, Yoon-chul, 2005: <http://www.imdb.com/title/tt0448621/>
3. Bom yeoreum gaeul gyeoul geurigo bom (Spring, summer, fall, winter ... and spring), Kim, Ki-duk, 2003:

<http://www.imdb.com/title/tt0374546/>

4. Yeopgijeogin Geunyeo (My Sassy Girl), Kwak Jae-yong, 2001: <http://www.imdb.com/title/tt0293715/>
5. Uri saengae choego-ui sungan (Forever the Moment), Lim, Soon-rye, 2008: <http://www.imdb.com/title/tt1232162/>
6. Janghwa, Hongryeon (A Tale of Two Sisters), Kim, Ji-woon, 2003: <http://www.imdb.com/title/tt0365376/>
7. Oldeuboi (Old Boy), Park, Chan-wook, 2003: <http://www.imdb.com/title/tt0364569/>
8. Nuguna bimil-eun itta (Everybody has Secrets), Jang, Hyeon-su, 2004: <http://www.imdb.com/title/tt0416080/>
9. Geu haeyeoreum (Once in a Summer), Jo, Geun-Sik, 2006: <http://www.imdb.com/title/tt0923703/>
10. Sukaendeul (Untold Scandal), Lee, Je-yong, 2003: <http://www.imdb.com/title/tt0380689/>

Russian movies:

1. Ivan Vasilievich (Back to the Future), Gaidai, Leonid, 1973: <http://www.imdb.com/title/tt0070233/>
 2. Ironiya sudby, ili S lyogkim parom! (The Irony of Fate, or "Enjoy Your Bath!"), Ryazanov, Eldar, 1975: <http://www.imdb.com/title/tt0073179/>
http://www.youtube.com/watch?v=IVpmZnRIMKs&feature=player_embedded#! (1st part)
http://www.youtube.com/watch?v=5TmGPeowN-0&feature=player_embedded (2nd part)
 3. Yolki (New Years Tree), Bekmambetov, Timur, 2010: <http://www.imdb.com/title/tt1782568/>
 4. Nochnoy bazaar (Night Watch), Bachilo, A., Bekmambetov, T., 2005: <http://www.imdb.com/title/tt1070829/>
 5. Dnevnoy dozor (Day Watch), Bekmambetov, Timur, 2006: <http://www.imdb.com/title/tt0409904/>
 6. V subbotu (Innocent Saturday), Mindadze, Aleksandr, 2011: <http://www.imdb.com/title/tt1838560/>
 7. 9 rota (9th Company), Bondarchuk, Fyodor, 2005: <http://www.imdb.com/title/tt0417397/>
 8. Utomlennye solntsem (Burnt by the Sun), Mikhalkov, Nikita, 1994: <http://www.imdb.com/title/tt0111579/>
 9. A zori zdes tikhie (The Dawns Here are Quiet), Rostotsky, Stanislav, 1972: <http://www.imdb.com/title/tt0068161/>
 10. Piter FM, Bychkova, Oksana, 2006: <http://www.imdb.com/title/tt0813541/>
- Online free movies by Mosfilm: <http://www.youtube.com/user/mosfilm>

Spanish movies:

1. Todo sobre mi madre (All About My Mother), Almodóvar, Pedro, 1999: <http://www.imdb.com/title/tt0185125/>
2. Amantes, Aranda, Vicente, 1991: <http://www.imdb.com/title/tt0101317/>
3. Flores de otro mundo, Bollaín, Iciar, 1999: <http://www.imdb.com/title/tt0193167/>
4. Los santos inocentes, Camus, Mario, 1984: <http://www.imdb.com/title/tt0088040/>
5. La lengua de las mariposas (Butterfly Tongues), Cuerda, José Luis, 1999: <http://www.imdb.com/title/tt0188030/>
6. Volver a empezar, Garci, José Luis, 1982: <http://www.imdb.com/title/tt0084874/>
7. Entre ciclones (Hurricanes), Colina, Enrique, 2003: <http://www.imdb.com/title/tt0389974/>
8. Amores perros, González, Iñárritu, Alejandro, 2000: <http://www.imdb.com/title/tt0245712/>
9. Qué tan lejos (How Much Further), Hermida, Tania, 2006: <http://www.imdb.com/title/tt0951297/>
10. Nueve reinas (Nine Queens), Bielinsky, Fabián, (2000), <http://www.imdb.com/title/tt0247586/>
11. El laberinto del fauno (Pan's Labyrinth), del Toro, Guillermo, 2006: <http://www.imdb.com/title/tt0457430/>
12. Mar adentro (The Sea Inside), Amenábar, Alejandro, 2004: <http://www.imdb.com/title/tt0369702/>

International Books

Recommendations by education abroad professionals:

“The Art of Coming Home” by Craig Storti

- Most people who live overseas find repatriation—coming home after their foreign assignment—more difficult than going abroad in the first place. The Art of Coming Home explains why—identifying the main challenges and how to get beyond them. The book describes personal and work-related issues for returning employees, as well as key concerns and frustrations for returning spouses and children. It also features separate sections on special readjustment issues for four unique populations: exchange students, international volunteers, military personnel and their families, and missionaries and their children.

“Reverse Culture Shock” by H. E. Rybol

- In this collection of adapted blog posts, author H.E. Rybol delves into reverse culture shock. She addresses code-switching, contextualizing, mirroring, giving meaning to experiences, connecting, finding a sense of community and more. Dealing with reverse culture shock is a continuously evolving process that requires constant adjustments, reflection and introspection. Readers will see themselves reflected and find ideas to cope with the challenges of returning to a place that doesn't feel like 'home' anymore. This collection will bring you food for thought and give you a little nudge to ease a difficult transition.

“Bush Pigs: a Short Story” by Richard Dooling

- After three years in the bush, a Peace Corps Volunteer is evacuated from war-torn Sierra Leone and sent home to Omaha, Nebraska, where he attempts to celebrate his return in a steak house. What happens next is called reverse culture shock. G.K. Chesterton put it this way: "The whole object of traveling abroad is not to set foot on foreign land; it is to set foot on one's own country as a foreign land when one returns."

American Culture Books

“American Ways: A Cultural Guide to the United States of America” by Gary Althen

- Whether you're a businessperson beginning to work in the United States or a foreign student visiting for a semester, American Ways will help you navigate the diverse and changing culture of the United States. From the deep-seated attitudes that mark the American character to customs and everyday activities, Gary Althen and Janet Bennett provide invaluable information on religion, politics, education, and relationships.

“Ciao, America!” by Beppe Severgnini

- In the wry but affectionate tradition of Bill Bryson, Ciao, America! is a delightful look at America through the eyes of a fiercely funny guest — one of Italy's favorite authors who spent a year in Washington, D.C.

Cross-Cultural Communications Workbooks

“How to Survive Reverse Culture Shock: Understand It, Feel Better and Get Your Life Back!” by Elena Neared and Dane Low

- This book will help you to better understand your situation and to get comfort while defining a clearer outlook for you with the more than 42 ideas that helped others before. The Workbook Edition gives

you 19 exercises on top of that for a hands-on approach to your re-adaptation.

“Figuring Foreigners Out” by Craig Storti

- It doesn't matter what culture you come from or what other culture(s) you need to learn about, in this self-help workbook Craig Storti walks you step-by-step through the process of figuring foreigners out. The book consists of a series of structured activities that enable you first to identify your own cultural norms and worldview, and then compare your culture to the "target" culture you need to understand. Readers can work through this book on their own, without the aid of a structured training program, and teach themselves how to deal more effectively with cultural differences. It should be high-priority reading for anyone who comes into contact with people from foreign cultures whether overseas (corporate expatriates, diplomats, military personnel) or at home in multicultural settings

Careers in International Education

“How to Find Your Next Global Adventure at Home or Abroad” by Cate Brusker and Pouneh Eftekhari

- You're back from a transformational experience abroad and planning what's next. You automatically lean towards going abroad again but is travel really the next best step? If so, what exactly is the best option? If not, how can you remain global in your home country? If you're weighing your options and want to be intentional about finding your next global adventure at home or abroad, this short workbook is for you.

“Working World: Careers in International Education, Exchange, and Development” by Sherry Lee Mueller and Mark Overmann

- This book offers an engaging guide for cause-oriented people dedicated to begin or enhance careers in the now burgeoning fields of international affairs. Mueller and Overmann expand their original dialogue between a career veteran and a young professional to address issues that recognize the meteoric rise of social media and dramatic geopolitical events. They explore how the idea of an international career has shifted: nearly every industry taking on more and more international dimensions, while international skills—linguistic ability, intercultural management, and sensitivity—become ever more highly prized by potential employers. *Working World* is a rare and valuable resource to students and graduates interested in careers in international affairs, mid-career professionals who want to make a career change or shift, as well as guidance counselors and career center specialists at universities.